**Examples of ways you might express curiosity and wondering** Box 13

* I’m struggling to understand what that might be about.
* I was thinking, is this related to your mum not turning up yesterday………………….?
* I was just wondering if there was something I said, or maybe something in my expression that affected you just then.
* Maybe you really wanted me to find you again. Is it hard perhaps to feel that I still think about you when I’m somewhere else? And remember you when I come back? And wonder how you’ve been getting on?
* Maybe that was the only way you could think of to stay feeling safe? Sometimes it can be hard to feel safe when we don’t know what is going to happen next.
* I was just thinking that maybe ………..

***‘I wonder’*** and ***I’m wondering’*** can be really helpful sentence beginnings, because they open up to reflection and thoughtfulness, and they don’t *need* an answer. The child can answer if they wish to, but also feel just as comfortable if they choose not to reply.

* I was just wondering ……………………………..
* I wonder what this …………. is about
* I wonder made you …..
* I’m just guessing, but I was wondering…………………
* Wait a second.., I wonder………..